



# The Golden Gateway

" To heal the sense of separation by building community through the creative forces "

Vol. XVII

A.R.E. Newsletter for the Northern California/Northern Nevada Region

Fall 2004

Region webpage: [www.caycegoldengate.com](http://www.caycegoldengate.com)

## "EXPLORING THE FRONTIERS OF THE AFTERLIFE" AT ASILOMAR



**Kimberly Clark Sharp**

The Asilomar conference scheduled for Fri., Nov. 19 - Sun., - Nov. 21 will feature two renowned authorities on the near-death experience and the Edgar Cayce Readings: Kimberly Clark Sharp and Robert J. Grant. Kimberly Clark Sharp is the author of *After the Light- The Spiritual Path to Purpose*. At this retreat Kimberly will share her extraordinary experience during the time after her heart stopped beating, lying on the sidewalk, not breathing, and without a pulse. Swept into a peaceful loving place of brilliant

golden light and warm comfort, she saw, for the first time, the meaning of life and death. Kimberly will share in detail the "light" and "dark" elements of her near-death experience (NDE). After she returned to physical life Sharp became acutely aware of what may be called the "sixth sense." Her death experience opened her awareness to the presence of angels, demons, and other invisibilities. As well as sharing the amazing details of her NDE, Kimberly, with her trademark enthusiasm, depth and humor will detail the most important facets of her incredible experience: a commitment to living life to the fullest now - because what we experience here and now we will take with us to the Other Side after death.

Kimberly is a medical social worker with a background in critical care, bone marrow transplant, and academic medicine.

Sharing the platform with Kimberly will be Rob Grant, noted authority on the Edgar Cayce readings, and author of four books including *The Place We Call Home, Are We Listening to the Angels?*, and his most recent book *Universe of Worlds - Exploring the Frontiers of the Afterlife*.

Rob is familiar to many people in the ARE community - he has presented programs and retreats through the U.S. and Canada for the past 11 years on a wide variety of topics. Well known for his in-depth understanding of the Cayce readings, Rob was the first published researcher to find parallels between Cayce's readings on the afterlife and modern - day NDE Research. Kimberly and Rob have presented programs at A.R.E. in Virginia Beach, and their

dynamic energy and enthusiasm promise to make this Asilomar program an exciting one.

Rob will be detailing many facets of Edgar Cayce's awe-inspiring experiences of "the other side," drawing from Cayce's conscious experience with the so-called dead as well as his psychic readings on the afterlife.

Rob says "Edgar Cayce said that everything that exists in the material world has its origin in the unseen realms. Through Cayce's readings, and the inspiring experience of Kimberly Clark Sharp, I've come to a deeper understanding of the relationship of the seen and unseen worlds. What Cayce talked about seventy years ago concerning the afterlife Kimberly has *experienced*. We are both excited about this program because there's so much to explore and share regarding the *oneness* of the life on earth and the life in spirit. As Kahlil Gibran so poetically wrote, "Life and death are one, just as the river and sea are one." Within the dimensions of the life and the afterlife, there are worlds upon worlds upon worlds to experience. It is our hope that this program will enlighten, as well as assist in helping people overcome grief and the sense of loss. We're also going to explore the concept that truly *there is no separation*, only a change in vibration, when the body dies. We'll be talking about many, many facets of the dimensions of light that exist on the Other Side, as well as explore what I've come to call 'the shadowlands' or the lower earthbound dimensions."

"Exploring the Frontiers of the Afterlife" promises to be an inspiring, uplifting, practical, and healing retreat for all who have wondered about "life on the other side of death."

Run concurrently with the adult conference will be a special program for young people ages 15 - 21. More details may be obtained from the Asilomar flyer or by contacting counselor Wade Skeels at 510-845-3130 or [wadeskeels@aol.com](mailto:wadeskeels@aol.com).

Extra copies of the Asilomar flyer can be had by calling Grethe Tedrick at 510-234-0415.

Questions regarding registration may be addressed to Bonnie Suddarth at 707-545-2716 or at [bsudd@saber.net](mailto:bsudd@saber.net).

Register early, this conference promises to fill up fast.



**Robert J. Grant**

# ALTERNATIVES TO STATINS: IMPROVING CHOLESTEROL NATURALLY

by Brigitte Faas, D.C., San Rafael



**Brigitte Faas**

Despite its bad reputation, cholesterol is a type of fat vital to the healthy function of many body systems. Cholesterol serves as a starting point for the manufacture of hormones (such as estrogen and testosterone), bile salts (important in digesting fats) and fat-based vitamins (such as A, E and D). Approximately 80% of all cholesterol is made in the liver and 20% comes from dietary sources, primarily animal fats and egg yolks.

For most people, elevated cholesterol levels are associated with controllable life-style habits such as dietary intake of low fiber, high fat, sugar and caffeine, as well as smoking, stress and lack of

exercise.

Cholesterol levels are also closely related to the function of the immune and hormone systems. For example, a low-functioning thyroid will elevate cholesterol in the blood. In considering a plan for how to lower cholesterol, it is important to first consider whether any problems with immunity or hormone regulation may be driving up cholesterol levels. In addition, cholesterol levels can rise if there is a problem with the gall bladder being unable to release bile (biliary obstruction), underlying sugar metabolism problems (such as diabetes) or genetic factors.

Elevated blood cholesterol levels are a major risk factor for cardiovascular disease (CVD), which accounts for 45% of all deaths in the U.S. For many of these fatalities, the first “symptom” of heart disease was a fatal heart attack or stroke.

Research has consistently shown that all the major risk factors for CVD (smoking, elevated blood cholesterol, high blood pressure, diabetes, physical inactivity) can be significantly and successfully reduced by life-style changes. In cases where life-style (including dietary changes) are not enough, conventional medicine may prescribe a statin like Lipitor to reduce cholesterol levels. However, this class of drug is very toxic to the liver and has been shown to be extremely carcinogenic in animal studies.

Fortunately there are several natural compounds that can improve cholesterol levels as well as help reduce some of the other significant risk factors for CVD. Appropriate use of these compounds, integrated into a healthful diet and life-style offer significant advantages over conventional drug therapy when cost, safety and effectiveness are considered.

Niacin (in the form of inositol hexaniacinate) is the safest form of niacin at present, and has been used extensively in Europe to lower cholesterol and increase blood flow. Comparative studies of niacin (inositol hexaniacinate form) show that niacin provided better overall results in improving the lipid (fat) blood profile of the blood than use of statins, with none of the statins side effects.

In addition, policosanol (a compound isolated from the wax of sugar cane

and honeybees) and guggul resin (or guggulipid from the mukul myrrh tree, native to India) demonstrate cholesterol-lowering effects comparable to statin drugs. Safety studies in animals have shown both policosanol and guggulipid to be nontoxic. Pantethine (vitamin B5 or pantothenic acid), fresh garlic (not processed) and onions are also effective in improving cholesterol levels. High vitamin C levels in the blood will also drop cholesterol levels. Dieters guidelines for reducing cholesterol include:

- reduce animal fats and consume more “good” fats contained in beans, seeds, nuts and cold water fish
- eat 80% fiber-rich plant foods, especially vegetables and whole grains
- eliminate sugar, white processed flours, caffeine, soft drinks, chocolate
- drink 8 glasses of pure water/day
- include non-GMO soy based alternatives to hamburgers and hot dogs, as soy reduces blood cholesterol
- use fresh garlic and onions every day take vitamin C, B vitamin complex and multivitamin/minerals daily

Life-style factors include:

- laugh (hard!) every day
- aerobic exercise 30 minutes daily
- don’t smoke
- reduce stress levels (bodywork, massage, therapy, etc.)
- lose weight if needed

Please note that this article is not intended to give medical advice.

Please see a qualified health professional for any health questions or concerns you may have

*Brigitte Faas, D.C., is a practicing chiropractor at Sun Valley Chiropractic in San Rafael, Marin County. She has trained with the Institute of Functional Medicine and uses these concepts in her work. She can be reached at 415-258-0303.*

## TO BE NOTED



**Jim Dixon at the Fair!** What a welcome surprise to find that **Jim Dixon** will be visiting California during the weekend of the Psychic Fair and has agreed to give a short talk and to answer questions about the Cayce Readings, Study

Groups, A.R.E. Headquarters, etc., at one of the booths. Other speakers will be **Bob Trowbridge, Lynn Rogers, Don Carver, and Brigitte Faas, D.C.** There will be 20 booths offering readings and health treatments plus books and health products for sale, as well as delicious food. The Fair will be Sat., August 7 from 10:00 am to 4:30 pm at the Mills High School gym in Millbrae. For more information call Grethe Tedrick at 510-234-0415. Come and spend the day!

**Balanced Living Newsletter.** Following the death of **Ed Rocks** in April his highly acclaimed international newsletter "Balanced Living" has been discontinued. Ed also



served the Region membership so well with the many, many hours he gave to presenting Cayce-related programming. He is already

missed mightily! Anyone wishing to donate to the **Ed Rocks Memorial Fund** may send a check made out to the N. Calif. N./ Nev. Region to **Renate Grundstrom**, Treasurer, 2034 Hatch Rd. Novato CA 94947. This fund will be administered by the Region Core Team and will be used to provide scholarships to Region programs. If you know of other related causes dear to Ed's heart please contact Grethe Tedrick at 510-234-0415 for their possible inclusion.

**Want to be a Region Speaker?** From Virginia Beach Headquarters we have received a number of Survey Lecture Training manuals which are intended to prepare speakers to present short introductions to one or more of the basic topics contained in the Edgar Cayce Readings. Those subjects include: the Bible, Dreams, ESP, Health, Meditation and Reincarnation. With a number of speakers prepared on these topics we can offer half day or all day programs introducing the concepts in the Readings, or make them available to our young people at the Asilomar Youth Camp. For more information please contact Grethe Tedrick at 510-234-0415.



**A Magical Evening!** It was all done on the spur of the moment and what fun it was to share in the excitement of sampling **Analea McGarey's** stories about her mother **Gladys McGarey's** life. First-

time-author Analea spent 5 years writing *Born To Heal*, and what an impressive effort it is! **Renate Grundstrom's** home provided a lovely setting for the booksigning evening as Analea read from her book with Gladys reading the parts that called for a native Indian accent. What a team! (*Born to Heal* is available at programs or from the Region Bookstore by calling Cheryl Taufa at 510-222-5419 or emailing [taufacheryl@pacbell.net](mailto:taufacheryl@pacbell.net).)

**Help Solve A Dilemma!** A Region goal for this year is to honor our loyal volunteers at a picnic in Concord on Saturday, Sept. 11 from 10:00 am - 4:00 pm. But how to do this without our most active volunteers doing all the work!? Are there less-involved members who would take on this one project as a way of thanking these volunteers for all the wonderful activities that are presented locally? If you or your Study Group want to pitch in please call Grethe Tedrick at 510-234-0415.



**Channeling Your Higher Self.** Don't miss **Henry Reed's** program in Fairfield on Sat., Sept. 18 from 8:30 am - 4:00pm. "Channeling Your Higher Self" has been extremely popular around the country, and Henry is always an adventure. (For more information or a flyer call Julie

Hilt at 707-469-6272.)

**A Search For God in Chinese!** Region Study Group Coordinator **Yuene Shure** is completing the translation of *A Search For God* Book I into Chinese and plans to translate Book II as well. There was considerable excitement at HQ and Congress Week at this news. (For more information call Yuene at 530-758-8055.)

**Edgar Cayce and the Eternal Feminine.** After years of research in the Edgar Cayce Readings abetted by her own intuitive insight, **Lynn Rogers'** book *Edgar Cayce and the Eternal Feminine* has recently been published in a handsome format. The book focuses on Mary and Jesus and has been well received. (For more information contact Lynn at 408-559-5995.)

# CALENDAR

Date/Location	Event/Time	Speakers	Contact/Telephone
<b>AUGUST 2004</b>			
Sat., Aug. 7 MILLBRAE	PSYCHIC/HOLISTIC HEALTH FAIR 10:00 am - 4:00 pm Mills High School Gym	SPEAKERS BOOTHS FOOD	Grethe Tedrick 510-234-0415 Sue Hayes 415-383-5368 suehayes44@yahoo.com
Sat., Aug. 14 POINT RICHMOND	Core Team Meeting 9:00 am - 4:00 pm		Grethe Tedrick 510-234-0415
Sat., Aug. 28 WALNUT CREEK	“Journey Toward Healing” 9:30 am - 4:30 pm	Julie Hilt Grayland Hilt	Amber Cliff 925-679-1908
<b>SEPTEMBER 2004</b>			
Sat., Sept. 11 CONCORD	Picnic for Volunteers 10:00 am - 4:00 pm		Grethe Tedrick 510-234-0415
Sat., Sept. 18 FAIRFIELD	“CHANNELING YOUR HIGHER SELF” 8:30 am - 4:00 pm	HENRY REED	Julie Hilt 707-469-6272 ghilt@sbcglobal.net
Tues., Sept. 21 - Mon., Sept. 27 POINT RICHMOND SAN JOSE	PRIVATE HEALING SESSIONS 9:00 am - 9:00 pm	MALCOLM SMITH	Grethe Tedrick 510-234-0415 Janet Rutherford 650-630-4247 withoutanet2000@yahoo.com
<b>OCTOBER 2004</b>			
Sat., Oct. 2 COLFAX	“7 Days 7 Ways: Chakra Balance For Busy People” and “Crisis and Chaos vs Comprehension and Completion” 9:30 am - 4:30 pm	Bobbie Brandon	Myrtle Findley 530-346-2450 mbfrwf@aol.com
Sat., Oct. 9 MODESTO	“Dreams: gateway to Self Understanding and Success” 9:00 am - 5:00 pm	Bob Trowbridge Ilona Marshall Kerry Lichlyter	Karen Baker 209-523—0196 khh425@hotmail.com
Sat., Oct. 30 OAKMONT/ SANTA ROSA	“Journey Toward Healing” 9:00 am - 4:30 pm	Julie Hilt Grayland Hilt	Loraine Landwehr 707-928-4692 loraine43@webtv.net

Date/Location	Event/Time	Speakers	Contact/Telephone
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## NOVEMBER 2004

Sat., Nov. 6 SAN JOSE	“Neuro Linguistic Programming” 9:30 am - 4:30 pm	Don Carver	Margie & Lowell Gresham 408-978-8882 lowellgresham@yahoo.com
Sat., Nov. 13 POINT RICHMOND	CORE TEAM MEETING 9:00 am - 4:00 pm		Grethe Tedrick 510-234-0415
Fri., Nov. 19 - Sun., Nov. 21 MONTEREY PENINSULA	ASILOMAR RETREAT “EXPLORING THE FRONTIERS OF THE AFTERLIFE”	ROB GRANT KIMBERLY CLARK SHARP	Bonnie Suddarth 707-545-2716 bsudd@saber.net

## DECEMBER 2004

Tues., Dec. 7- Sun., Dec. 12 SAN JOSE, SAN BRUNO POINT RICHMOND	PRIVATE HEALING SESSIONS 9:00 am - 9:00 pm	MALCOLM SMITH	Grethe Tedrick 510-234-0415 Janet Rutherford 650-630-4247 withoutanet2000@yahoo.com
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## RETREAT CONFERENCE DATES AND MAJOR PROGRAMS IN 2005

MERCY CENTER BURLINGAME	Fri., April 1 - Sun., April 3
SAN JOSE	Sat., April 30 MARK THURSTON
RENO, NV	Sat., May 21 KEVIN TODESCHI
CONGRESS & YOUTH CONGRESS VIRGINIA BEACH, VA	Sun., June 19 - Fri., June 24
ASILOMAR MONTEREY PENINSULA Pigeon Point Youth Camp will probably follow	Fri., July 15 - Mon., July 18
ASILOMAR MONTEREY PENINSULA	Fri., Nov. 11 - Sun., Nov. 13

## WHO IS MALCOLM SMITH?

For over 20 years Malcolm Smith's incredible healing gifts have relieved pain, suffering, and disease for thousands of people. Known as "an ordinary man with an extraordinary gift", Malcolm discovered his healing ability through a spiritualist medium who told him he had "healing hands". When he expressed doubt the medium told him to put his hands on his wife, Catherine, who suffered from a chronic, painful kidney ailment. When he did her pain went completely away and has never returned.

A native of Yorkshire, England, Malcolm's unique gift has restored sight and hearing, cured cancer and other debilitating diseases. The list of problems presented to Malcolm include virtually every physical, emotional, mental, and spiritual condition a person could suffer. "God does the healing, not me," says Malcolm.

Sometimes the healing he gives results in instant cures. More often several sessions over several weeks are required for results to manifest physically. He has restored sight and hearing, cured "incurable" diseases, including cancer, and changed hundreds of lives. He emphasizes that slow progress is the norm and spiritual healing should not replace orthodox medical treatment. Malcolm will be offering 30-minute private healing sessions. Many A.R.E. Members in New York, Detroit, Chicago, and Houston, as well as California have already benefited from Malcolm's healing gift and prayers.



## MALCOLM SMITH SPIRIT HEALING

**APPOINTMENTS:** Sept. 21 - 27 and Dec 7-12

Continuing his pattern of returning to California every other month, Malcolm Smith will again offer private spiritual healing appointments in our Region in September and July.

He will be in San Jose/San Bruno Sept. 21 - 23 and Dec. 7-9. Appointments can be made with Janet Rutherford 650-630-4247 or email [withoutanet2000@yahoo.com](mailto:withoutanet2000@yahoo.com).

Healing sessions with Malcolm in Point Richmond Sept. 24 - 27 and Dec. 10-12, can be scheduled with Grethe Tedrick 510-234-0415.

30-minute private spirit-healing appointments, for which the charge is \$60, may be made in advance by contacting the following hosts:

### **SAN JOSE/SAN BRUNO**

Tues., Sept. 21-Thurs., Sept 23 and Tues., Dec 7-Thurs., Dec. 9.

9:00 am - 9:00 pm

Janet Rutherford 650-630-4247

(email [withoutanet2000@yahoo.com](mailto:withoutanet2000@yahoo.com))

### **POINT RICHMOND**

Fri., Sept. 24 - Mon., Sept. 27 and Fri., Dec 10-Sun., Dec. 12.

Grethe Tedrick 510-234-0415

Payment is due when you make your appointment.

Make your check or money order payable to: N. CALIF/N. NEV REGION A.R.E. and mail to:

**In San Jose/ San Bruno:** Janet Rutherford, 172 Stockbridge, Atherton CA 94027.

**In Point Richmond:** Grethe Tedrick, 348 Western Dr., Point Richmond, CA 94801

*Tapes of Malcolm's public presentation in San Jose on July 28, 2000 are available from Allan Van Lehn. Contact Allan at 925-373-9621 or email [avanlehn@comcast.net](mailto:avanlehn@comcast.net).*

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## MALCOLM SMITH'S TESTIMONIAL

by Malcolm Smith, Yorkshire, England

As a healer over the past 25 years I have witnessed many incredible cures that by the Grace of God have been given to people for whom the orthodox medical profession could do no more. In the spring of 2004 it would be my turn to ask for a miracle - not for myself but for my son Karl. Here is how it all began.

At this time Karl was living at home with his Mum and me. He is very much a loner and spends much of his time in his room keeping to himself. One Sunday morning - the 25th of April (just four weeks short of his 30th birthday) - he came down stairs and complained that his left foot was very painful. My wife Kathleen asked to look at it. She was shocked and concerned to see that it was almost completely black. A doctor

was called who suggested that he be taken right away to a hospital 7 miles east of where we live. Since I was working in America while all this was taking place, Kath was left at home to deal with the nightmare that was still to come.

On arriving at the hospital Karl was taken for an x-ray of his foot, which showed that he appeared to have a blood clot which was causing the foot to be black. He was then admitted into a ward where they gave him a blood thinner through an intravenous drip. They hoped this would dissolve the clot. It had no effect. In fact his pain became so intense they then had to put him on morphine, which was also done intravenously.

For the next 48 hours they continued to pump both drugs into his body in the hope that the clot would dissolve. For a while it did appear that the foot was not as dark as it was when they first admitted him to the hospital. On Tuesday morning they decided that they would inject dye into his legs, and

*testimonial cont.*

then they would take more x-rays. This was done and it appeared that there might be other blood clots elsewhere in his legs.

At this point the doctors in charge decided that he needed to be transferred to another hospital which had better facilities and more up-to-date scanners that should be able to detect what was causing his problem. The transfer was made late Tuesday afternoon to the other recommended hospital - this time 8 miles to the west of where we live.

Karl's pain was still intense. The morphine did not seem to be subduing the pain and the blackness had returned to his foot. The following day - Wednesday, April 28th - a CAT scan was taken of both of Karl's legs. This showed that he had a condition called Peripheral Arteriosclerosis, which means that the main arteries running down his legs were blocked with fatty deposits. His left leg was completely blocked and the right leg was almost as bad. And then came the devastating news from the doctor - they said, both to my son and then to Kathleen who happened to be visiting Karl at the time - that they would have to amputate both of his legs from the knee down. The left leg they wanted to do within the next five days, and the right leg some time after that.

I received this news while working at an A.R.E. location in San Jose. (I was aware from day one of Karl's situation - Kathleen had called me as soon as he was taken to the hospital on the Sunday.) I was devastated to say the least. I still had a week or so left to work in the States but obviously had to be home with my family. The rest of my Bay Area appointments were canceled and I flew back to England.

My mind was in turmoil, and then I remembered a dream I had the night before Karl was taken ill and it gave me hope. At the time the dream made no sense whatsoever, but now it did.

In my dream I was asked by a man I used to work with if I could go and clean out his son's gutter which collected the rain from the roof. I said I would. The house in which his son lived was a row house, so there were houses on either side. I climbed up the ladder to investigate and saw that the gutter was completely blocked with gray fatty gunk. I was puzzled by the fact that the gutter on either side of this house was completely free of any sludge whatsoever. I

managed to clear out the mess and then I decided to dismantle that part of the gutter and bring it down the ladder to examine it more closely. Once I had done this I realized I needed to take it into a Home Depot-type store as I needed some assistance with its repair. I was asking everyone in the store if they could help me with my problem - end of dream.

As I said earlier, before the news was given to me regarding Karl, the dream meant nothing - now it made some kind of sense. The fact that I was asked by a father to help his son could be interpreted as a father and son dream - myself and Karl. The blocked gutter - was this the blocked arteries in my son's legs? But why was I asking the people in the Home Depot store for help? I was already sending out remote healing for Karl - in fact it was almost non-stop prayers - unless? Could it be that my dream was trying to tell me that it needed the prayers of many people to get him through this crisis?

I picked up the telephone. I called my friend Robert Krajenke and asked for prayers, not only from him but from his wife Lynne and the prayer group at the church she belongs to. I also called my friends Grethe in San Francisco, Darlene in Denver, Jennifer in San Jose, and several others. My dear friend Amara in New York sent Reiki healing remotely to Karl, and during her lunch break went to a nearby church to light candles to Mother Mary and to Jesus, praying to them for a miracle. Then somehow the news went on the Internet, and people were now praying for my son's recovery all over America, including the "Glad Helpers" at the A.R.E. in Virginia Beach.

I stepped off the plane in Manchester England on Friday morning, April 30th, at 7:30 am. It would be almost 10 am before I arrived home. I lost no time in going to the hospital to see Karl. As Kath and I arrived he was just being taken for another medical test. They would give him a local anesthetic and insert a small tube with a camera inside and feed it down into his arteries to see if it could tell them if the problem had worsened. I only had time to say "Hello, how are you doing son?" I did not have time to give him hands-on healing.

It was suggested that we return to be with him in about 3 hours time. Kath and I

returned home with heavy heart. We had only been home about 1-1/2 hours when the phone rang. It was Catherine, our youngest daughter. She had gone to visit Karl with her boyfriend and the words she spoke will stay with me forever. It was Kath who answered the phone - "Mum, they can't find anything! The arteries are no longer blocked! They don't know why or how but they are clear. They say he can come home. He's OK!" Kath put the phone down and we sat there in shock for a few minutes.

I needed to go to the hospital. I needed to ask some questions. I found a nurse in charge. I asked her the obvious question "Why was it that less than 48 hours ago my son was told that he would have to have both legs amputated, and now he is completely free from blocked arteries?" "Maybe it was the blood-thinning drug that kicked in at the 11th hour, or it may have been the camera we inserted into him that cleared him out." She seemed baffled by his almost instant remission. A few minutes later I asked another nurse the same question. I was still angry that we had been put through a mental ordeal of having been told Karl would have to have both legs amputated and now he's OK. "I don't know," she replied calmly. "Sometimes we get to see miracles and I think we just witnessed one today." She smiled a smile that said God had been present with Karl over the last few days. Indeed He/She had. The prayers of all the people praying for him to be given a full recovery had been answered. I thank you all.

Sometimes I think that we have to come together as a team for things to work out the way we need them to work out. You were all part of a team that brought forth a miracle.

Perhaps it was a combination of prayers and whatever the doctors did that brought about Karl's miracle. One day we will get to know the truth, although right now it does not matter. We have our son back. I thank God for what the medics did and I thank all of you who prayed for him. God bless you all.

**Postscript.** Karl was discharged from the hospital on Saturday, May 1st, 2004 - 6 days after being admitted - completely free from the blocked arteries. He has had follow up tests, and is still symptom free.

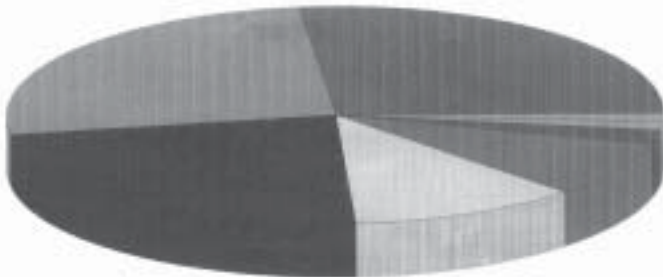
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**Bay Area Councils of A.R.E.  
N. Cal/N. Nevada Region  
348 Western Dr.&Casey  
Pt. Richmond CA 94801**

**ANNUAL TREASURER'S REPORT**

by Renate Grundstrom, Novato

Expense Summary  
January through December 2003



General	%26.85
Malcolm Smith	26.07
Asilomar	23.38
Day Programs	11.31
Mercy Center	8.38
Psychic Fair	2.20
Whole Life Expo	1.41
Astrology	0.40

Total \$107,547.14  
Read counterclockwise



Malcolm Smith	%33.93
Asilomar	28.27
Day Programs	15.96
General	10.08
Mercy Center	8.44
Psychic Fair	2.08
Whole Life Expo	1.23

Total \$113,502.02  
Read counterclockwise