



The Golden Gateway

" To heal the sense of separation by building community through the creative forces "

Vol. XX

A.R.E. Newsletter for the Northern California/Northern Nevada Region

Spring 2007

Region webpage: www.caycegoldengate.com

SANCTUARY FOR THE SOUL: 50 YEARS AT ASILOMAR

by Maridel Barr



**Helen Ruth
Schroeder**

Did you ever go to an Asilomar conference? This year we are celebrating 50 years of Asilomar conferences and camps! Call your old friends, your sons and daughters and let everyone know it is time to come back to Asilomar and celebrate our 50th Anniversary at Asilomar!

Please join us this summer as the A.R.E.

celebrates it's 50th Anniversary of retreats at Asilomar with a program entitled "Sanctuary for the Soul: 50 Years at Asilomar."

Come and rejuvenate your body, mind and spirit at the gorgeous conference grounds at Asilomar in Pacific Grove, California July 11-15, 2007. Our program will feature Charles Thomas Cayce, Leslie Cayce, John Van Auken, and Helen Ruth Schroeder. Charles Thomas Cayce will speak about his memories of Edgar Cayce, his psychic abilities and the readings, and his father Hugh Lynn Cayce. Charles Thomas and his wife Leslie will also present a workshop on "Relationships-Insights from the Readings."

John Van Auken will speak on "Birthing a Golden Age: The Pains and The Joys" as prophesied in the Revelation and the Edgar Cayce Readings. He will also lead a workshop on "The Mystical Arts." Together Charles Thomas Cayce and John Van Auken will present a workshop titled "You Are a Light to the World" which will discuss how each of us can become a channel of light to others.

As world news reveals weather-related disasters, terrorism, wars, epidemics, earthquakes and tsunamis, it is easy to think this might be the era of biblical prophecies which warn of catastrophic changes. This can be alarming, but by taking a closer look at biblical prophecy, Mayan prophecy and the Cayce readings, a much brighter picture emerges.



**John
Van Auken**

What do the prophecies actually say? The biblical prophecies predict that the difficult times are followed by times of peace, joy and love. Jesus predicted famines, plagues, earthquakes and wars. And he then said, "All these things are the beginning of birth pains." (Matt. 24:8, World English Bible). These labor pains pave the way for a golden age of enlightenment, and are meant, "to reduce

materialism and earthiness," not to destroy life on earth.

John will show us how the Cayce readings and the biblical prophecies agree that the difficult times are merely a transition period which will usher in a golden age of joy, love and a return to Oneness.

Helen Ruth Schroeder is the original founder of the Youth Camp at Asilomar, which was started in 1963. Helen Ruth will join us this year to celebrate our 50th Anniversary and will speak on a topic from the "A Search For God" readings.

We also have many fun activities planned to remember and reflect on our many years of good times at Asilomar. As always, we will have our community celebration with dancing led by Ilona Marshall. In addition, we will have these offerings available to the group:

- Community Singing
- Intergenerational Activity with the Youth Camp
- Camp Skits and Talent Show
- Memory Video from the 1980's
- "Come As You Were" Costumes (optional) at the Dance
- Photo History Mural Project

Flyers will be mailed out in March to A.R.E. members and some others in California, Nevada, and Arizona, and will be posted on the Region website at www.caycegoldengate.com. Be sure to look for more information and updates on the conference in the Region e-newsletter. If you have any questions about the conference please contact Maridel Barr at Maridelbarr@yahoo.com.

The Asilomar youth camp will be run concurrently with the adult camp. You can contact Jennie Moe at Moegal@yahoo.com or Alisha Keller at 916-602-5300.



**Charles Thomas
Cayce**

MOE'S MUSINGS

by Laura Moe, Region Coordinator, Novato, CA

"Musing" has indeed taken a good part of my time recently as I was looking back over this last year that I've had the privilege of being your Region Coordinator. In this role I was able to meet with 5 other Region Coordinators at our annual gathering to share and learn from one another. Toni Romano, Headquarters liaison with the 10 Region Coordinators, provided us with valuable insights, training and an understanding ear - having been a Region Coordinator for years herself. I came away from that retreat eager for the challenges and opportunities that are present in such a strong Region as ours. Attending our organization's 75th anniversary celebration in June at headquarters in Virginia Beach, I once again felt support as I had many opportunities to speak with the leaders and inspirers of our organization. I also had the wonderful opportunity to teach a short workshop on Toning for Deepening Meditation to other conferees and the Youth Day Camp. These were some of the highlights of many high points that I experienced this last year - what a gift this year was to me!

This last year has also made me look at what Edgar Cayce said is the core of a person's thoughts - their ideal. My ideal has long been to make available to others the Cayce concepts in order to assist them in manifesting **their** spiritual ideal. At November's Asilomar conference, Mark Thurston reminded us to first apply our ideal to ourselves. That is - am I using the Cayce concepts to more clearly manifest my connection to Spirit? The administrative responsibilities of being Region

Coordinator, coupled with opportunities to inspire/educate our members have been adding so much weight to an already full working life for me that I was not able to use the same Cayce tools that had been so helpful to me in the past. An introspective look pointed out to me that I was also out of balance with my physical, mental and spiritual energies. I thank Mark Thurston and his wife Mary Elizabeth Lynch for such a meaningful workshop - one that provided me with a clear pathway to self-examination.

Following the workshop, it became clear to me that I would have to regretfully resign from my position as Region Coordinator as soon as possible. The Core Team and I have been examining the need for reorganizing the Region responsibilities throughout the year and this only served to stress the urgency of this process. As a professional videographer there are heavy demands on my time and creativity and the amount of work also increases during the months of April through November. Therefore I have had to make a decision to leave the Region Coordinator's position at the end of May. It's a time for all of our members to speak out about what programs they would like the Region to offer and how they would like to serve in their creation and fulfillment. We need all of you to help strengthen the Region. The Core Team is busy looking for another leader to help us through this transition and I feel truly that Spirit is working her magic through us in ways we have yet to see or understand. Thank you all for your great support throughout the past year and the coming months ahead. You are all so very dear to me and I loved being your Region Coordinator.



**Gladys McGarey &
Hugh Lynn Cayce 1970**

EXPERIENCES IN THE EARLY DAYS AT ASILOMAR

by Gladys McGarey, MD, MD(H),
Scottsdale, AZ

The first time that Bill McGarey and I went to Asilomar it was, I believe, the summer of 1964. The next year we went with our children. At that point David was five years old and Carl was fourteen. Hugh Lynn had asked Bill and me to take over some of the lectures, both for the children and the adults, so we piled all six of our children into our VW van, and left Phoenix at three

o'clock in the morning. We had to leave early so that we could get across the desert before the heat really hit, as we had no air conditioning, and could cool ourselves only with wet towels that we put across the backs of our necks. We drove to Arben, California, to the home of Dr. Mayo Hotten and his wife, Irene, where we spent the night. They graciously supplied us with something to eat and a place to sleep, all eight of us; and then early the next morning we took off for Asilomar, arriving around noon, unloading the children as soon as we hit the grounds. After that first year they all had friends they started searching for as soon as they got through the gates. Those friendships have been maintained throughout the years.

Asilomar was always the highlight of our year for the family, and we continued the annual trek through the years. Through the 1980's we took members of the A.R.E. Clinic staff with us, since we felt it was important for our staff members to understand the scope and depth of the Cayce material in relationship to life itself, but particularly in relationship to the whole aspect of healing. Peter and Alice Riddle came with us almost every year, with their family, and had a great deal to do with the family

camp and care of the small ones. When Peter died we celebrated his life at Asilomar and scattered his ashes in the ocean. June Bro helped. Now Alice has passed on we plan to do the same with her ashes.

Bill and I were usually caricatured during the Friday night skits, particularly by our own children, as were all the other speakers, and some of those skits are still very fresh in my mind. The Wednesday Night Family square-dance was always a highlight. I think it was the second year when I "bumpy-daisied" Hugh Lynn so hard that he went flying across the room, and only saved himself by catching hold of the piano leg. He never let me live that down. We learned as we taught, and the extent of knowledge, the depth of the Cayce material to which we were exposed at Asilomar, had to be an essential part of my growth, and that of others, as physicians and parents, and now as grandparents. Most of us felt that we were souls who had experienced many lifetimes together, and were called together again at this beautiful spot, to build experiences, renew relationships and help to change this world of ours.

TO BE NOTED

Invitation. The Core Team of the No. CA/No. Nev. ARE Region is focusing on Prosperity Consciousness as its Discipline until its April 21 meeting. Won't you join us? As unexpected income flows into your life, please consider sharing it with the Asilomar Children's Camp or with the Region "As Needed."

For more info or to share your experiences with your heartfelt Ideal or with prosperity consciousness, please contact **Dolores Chavez** at 209-505-7002 or Health Conspiracy@hotmail.com.

New Living Expo Booth April 27-29. Come and join our team effort to staff the ARE booth at the New Living Expo in San Francisco April 27 - 29. This is an important outreach opportunity to spread the word on the Edgar Cayce work. We need 3 people for 3 hour shifts. There is always one person in charge but we need 2 other helpers on each shift. You would receive free entry to the Expo on the day you volunteer. This is an interesting and exciting annual event with over 300 booths and many free lectures, covering a full spectrum of New Age topics. Please call **Sue Hayes** 415-383-5368 or sue.hayes44@yahoo.com.

To Respond to Laura's call for Volunteer Participation, or to share restructuring ideas, please contact her at 415-898-0857 or email caycegoldengate@yahoo.com. (See page 2).

In Early Summer 2007, ARE will offer two weeklong **Family Camps** and a five-day youth retreat, to be held at a ranch in the hills one hour north of Phoenix, Arizona. The ranch is near Sedona and 2 1/2 hours from the Grand Canyon. In addition to a daily life-style based on the readings (Cayce diet, music/singing, and meditation), these sessions will include horseback riding and overnight hikes at Sedona and the Grand Canyon.

The theme for the weeks, each led by **Leslie and Charles Thomas Cayce**, will be "The Cayce Readings On Finding God Through Nature." Each session has limited space. Families with children are invited to attend. The hiking will be moderately strenuous. This is an opportunity to experience the Grand Canyon, see this beautiful part of our country, study, and live by concepts in the Cayce readings with like-minded people. For Young Adults:

Sat., May 26-Wed., May 30

Arizona Family Camp #1:

Sat., June 2-Sat., June 9

Arizona Family Camp #2

Sun., June 10-Sun., June 17

Tuition for these programs will be the same as for Family Camps in Rural Retreat, Virginia.

For more information about these Arizona ARE Camps, contact: **Suebee Sheldon**, Youth and Family Life Coordinator, 215 67th Street, Virginia Beach VA 23451-2061, 757-428-3588, ext. 7162, suebee@edgarcayce.org

YOUR IDEAL MAY NOT BE WHAT YOU THINK IT IS

by Dolores Chavez, Patterson, CA

Our eyes were closed as Mark Thurston repeated, "What do you long for?" and "What, if you had it, would make you

whole?" There was a third question, but already I felt Self expanding, tears filling my eyes as the word "Intimacy" reverberated throughout my heart, my body, and my soul.

The purpose of the questions was to find one's Ideal. I knew mine and it certainly wasn't Intimacy! Or so I thought. Unlike the numerous times I'd done this exercise, I had never been directed to my heart as Mark was now doing. A heartfelt ideal he called it. Intimacy, however, is not one of the usual examples given in Ideal Workshops; I stuffed my feelings and hid any embarrassment. Still I looked it up in the dictionary, hoping its roots were esoteric or spiritual. The dictionary emphasized its licentious nature.

Were it not for Ilona Marshall, I might have dismissed it. At the closing of the conference she stood, lauded Mark for his remarkable transformation and for the transformation of the Work because of him. Since 1960, she's been struggling with ideals. An ideal from the heart resonated with her and now she too had one, Self-Love. Selflessness is an oft-heard ideal, but not Self-Love. Yet considering what Ilona was going through, only Self-Love could be her beacon.

I decided to test Intimacy as an ideal. Concurrently, the discipline in our dream group was to focus on the Universal Christ Consciousness (UCC), ARE's Ideal, which, in spite of Mark's urging, is simple too big for most of us. What worked, however, was the pairing of UCC with the personal ideal: it suited my feminine/practical one. Both ideals tugged and pulled but, like a committed married couple, endured and garnered remarkable results in just two months, since the conference.

Transformation was most evident in the healing of relationships, including a 31 year grievance with my ex-husband. There was healing with my church of origin, healing with the ARE, and I returned to serve on the Core Team. I left one group to join another for the study of Kabbalah, a healing of many lifetimes! In addition, there was a new vision, that, in spite of my departure from her religious and cultural values, my mother and I could and would build a close and loving relationship. For her ninetieth birthday, I hosted an Open House where everything appeared choreographed by the heavens above. And indeed they were, for none of the changes have been my doing. Numerous nights, I lay awake, admitting that my grievances were old and ridiculous, but that I was unable to let them go. I prayed for help: please do me over! And God did...

I've not come upon a soul mate, but if not in this lifetime, the next. I regale in the experience that Intimacy by its very nature extends to God, self, all others; it is a way of life, an openness to having Love define me, to take risks regardless of possible loss or pain, of being "heightened" as in the meditation below:

28. Soul Mate

I want to find a soul mate, and bring all my existing relationships to that level. I ask the Light to bring me my other half, my spiritual partner. I want to relate to all those around me on this heightened spiritual plane and bring greater Light into my life. My soul mate is out there, and I want to draw him/her closer. 28, SHIN SLEPH HEY (mantra), Yehuda Berg, "The 72 Names of God Meditation Book."

¹ 2006 November Asilomar Conference, *Three Paths to Enlightenment*. Tapes available from Allan & Eve Van Lehn, 925-373-9621, or avanlehn@comcast.net.

CALENDAR

Date/Location	Event/Time	Speakers	Contact/Telephone
APRIL 2007			
Mon., April 16 - Tues., April 17 POINT RICHMOND	PRIVATE HEALING SESSIONS 9:00 am - 9:00 pm (see page 5)	MALCOLM SMITH	Grethe Tedrick 510-234-0415
Sat, April 14 - Sun., April 15 WALNUT CREEK	PRIVATE HEALING SESSIONS (see page 5)	MALCOLM SMITH	Linda&Jim Mahoney 925-672-7721
Sat., April 21 POINT RICHMOND	CORE TEAM MEETING 9:00 am - 4:00 pm		Grethe Tedrick 510-234-0415
Fri., April 27- Sun., April 29 SAN FRANCISCO	New Living Expo ARE Booth (#102) (see page 3)		Sue Hayes 415-383-5368 suehayes44@yahoo.com
JUNE 2007			
Sun., June 17- Fri., June 22 VIRGINIA BEACH VA	ANNUAL MEMBERS CONGRESS ANNUAL YOUTH CONGRESS		confregistar@edgarcayce.com HQ 888-273-0020
Thurs., June 28 - Fri., June 29 POINT RICHMOND	PRIVATE HEALING SESSIONS 9:00 am - 9:00 pm (see page 5)	MALCOLM SMITH	Grethe Tedrick 510-234-0415
Sat., June 30 - Sun., July 1 WALNUT CREEK	PRIVATE HEALING SESSIONS 9:00 am - 9:00 pm (see page 5)	MALCOLM SMITH	Linda&Jim Mahoney 925-672-7721
JULY 2007			
Wed., July 11 - Sun., July 15 PACIFIC GROVE	ASILOMAR CONFERENCE "SANCTUARY FOR THE SOUL: 50 YEARS AT ASILOMAR" ASILOMAR YOUTH CAMP (see page 1)	CHARLES THOMAS CAYCE LESLIE CAYCE JOHN VAN AUKEN HELEN RUTH SCHROEDER	Tuition Registration Debbie Dvornik 707-528-7102 deblmd@hotmail.com YOUTH CAMP Jennie Moe moegal@yahoo.com Alisha Keller 916-602-5300
OCTOBER 2007			
Fri., Oct. 26 - Sun., Oct 28 PACIFIC GROVE	ASILOMAR CONFERENCE		Maridel Barr 415-924-7566

NEW STUDY GROUPS

SACRAMENTO	"A SEARCH FOR GOD"	Nancy Hilton	916-363-8751	Fri. at 7:00 pm
SACRAMENTO	"A SEARCH FOR GOD"	Nancy Hilton	916-363-8751	Mon. at 1:00 pm



WHO IS MALCOLM SMITH?

For over 20 years Malcolm Smith's incredible healing gifts have relieved pain, suffering, and disease for thousands of people. Known as "an ordinary man with an extraordinary gift", Malcolm discovered his

healing ability through a spiritualist medium who told him he had "healing hands". When he expressed doubt the medium told him to put his hands on his wife, Catherine, who suffered from a chronic, painful kidney ailment. When he did her pain went completely away and has never returned.

A native of Yorkshire, England, Malcolm's unique gift has restored sight and hearing, cured cancer and other debilitating diseases. The list of problems presented to Malcolm include virtually every physical, emotional, mental, and spiritual condition a person could suffer. "God does the healing, not me," says Malcolm.

Sometimes the healing he gives results in instant cures. More often several sessions over several weeks are required for results to manifest physically. He has restored sight and hearing, cured "incurable" diseases, including cancer, and changed hundreds of lives. He emphasizes that slow progress is the norm and spiritual healing should not replace orthodox medical treatment. Malcolm will be offering 30-minute private healing sessions. Many A.R.E. Members in New York, Boston and Milwaukee, as well as in California, have already benefited from Malcolm's healing gift and prayers.

MALCOLM SMITH SPIRIT HEALING APPOINTMENTS:

April 14—17, and June 28 - July 1 2007,

Continuing his pattern of returning to California every other month, Malcolm Smith will again offer private spiritual healing appointments in our Region in April and June.

Appointments for Mon., April 16 and Tues., April 17 may be made by calling Grethe Tedrick at 510-234-0415. She will also make Point Richmond appointments for Thurs., June 28 - Fri., June 29.

Walnut Creek appointments can be made by calling Linda and Jim Mahoney at 925-672-7721. Those dates are Sat., April 14 and Sun., April 15 and Sat., June 30 and Sun., July 1.

The charge for the 30 minute private spirit-healing appointments is \$75. Please make your check for \$ 75 per person to: N. Calif./N. Nev. Region A.R.E. and send to Grethe Tedrick, 348 Western Drive and Casey, Point Richmond 94801 for Point Richmond appointments, or: Linda and Jim Mahoney, 5508 Michigan Blvd. Concord CA 94521, for Walnut Creek healing sessions.

Mail no later than 14 days before your appointment. Your check will be held until after your appointment occurs. Please arrive promptly as appointments are scheduled back-to-back.

Tapes of Malcolm's public presentation in San Jose on July 28, 2000 are available from Allan Van Lehn. Contact Allan at 925-373-9621 or email avanlehn@comcast.net.

TESTIMONIAL FOR MALCOLM: MALCOLM AND MORE

by Trish Gutierrez, Madera, CA

Subsequent to a car accident in 2003, I endured chronic pain to my shoulders, neck and head and nerve damage to my face. The nerve damage to my face and temple was so severe it could only be described as a searing, sharp, numbing pain at its worst. To complicate matters, I was diagnosed with fibromyalgia and experienced severe vomiting fits from October 2005 to April of 2006. I came to see Malcolm Smith in April of 2006. It was a particularly difficult week and I nearly didn't make the trip to Walnut Creek. I'm very grateful I did. After seeing Malcolm, from that point on, I no longer experienced any of the vomiting that had plagued my existence.

The night I returned from my trip to Walnut Creek, I had an amazing, uplifting, spiritual experience that stays with me to this day. I had the most vivid presence standing before me in a long white gown that emanated such a brilliant illumination that words could not describe. The arms were outstretched and I was told I would be O.K. I never saw a face, just a figure of a being with long, brown hair and got the sense this presence was a "male." The feeling of comfort and peace surrounded me in this most awesome experience.

Since my healing, the pain has diminished significantly. The need to take any form of pain relievers is almost extinguished. I have many days in which I am free of pain. I have had two sessions with Malcolm and look forward to my third. Life is wonderful! And so is Malcolm Smith!



THE HEALING HILTS

A reminder that Julie and Grayland Hilt are also available for spirit healing at their home in Vacaville, where they have a dedicated healing room, or for distance healing, by pre-arrangement. Call them at 707-469-6272.

MEMORIES OF ASILOMAR

by Karla Peterson, Grants Pass, Oregon

My memories of Asilomar go all the way back to my childhood days in the early 1960's. Asilomar was the peaceful, beautiful place by the ocean in Pacific Grove where we spent a week every summer, a place that felt apart from the world, a retreat with the special people of all ages who became my spiritual family. I was one of the campers then, living with my roommate in the old redwood longhouses, those wonderful old buildings that would rattle when we ran down the long central hallway. Each longhouse had a big central bathroom for the girls and another for the boys, inch thick redwood walls (with knots that could be poked out by ingenious children who wanted to spy on their new neighbors), and windows that opened wide to the salty ocean breezes. It was a spiritual camp at its best, surrounded by kindred spirits who accepted and loved me just as I was (such a different experience from being with my peer group at school!).

I remember trudging up and then lunging back down the pure white sand dunes (in the days before plants were used to stabilize the dunes or the boardwalks were built), meditating with my group beneath the stars on the dunes, and sitting around a campfire singing songs (some of which we wrote at camp.) The speakers for the adult conference always came to speak with our youth group, and I soaked up the stories of Hugh Lynn Cayce, Elsie Sechrist, Gladys McGarey, Helen Ruth Schroeder, and many others who taught us about Edgar Cayce's life and work, stories about Jesus, dreams, meditation, reincarnation, ideals, and more.

I remember dreading the annual Friday night skit night in the Chapel. Each youth group had to write, narrate and perform a skit for all the adults. We got creative, wrote lyrics to some wonderful songs, came up with crazy costumes, got stage fright, and yet somehow managed to pull it off every year, much to my great relief and the delight of the adults.

It was usually too cold to swim in the pool, but we tried every year. We splashed in the ocean waves and had bonfires on the beach. Every week we had a night of folk and Sufi dancing, songs and games with the adults in Merrill Hall. Everyone felt equal, no matter our height or age. I learned to play the guitar and loved singing all the camp songs with young and old alike. Our youth groups always ate together at the round tables close to the front of the line, and before each meal we sang grace with everyone in the dining hall.

The best part about being at Asilomar was the feeling of coming home, being a part of a spiritual family and community, and experiencing oneness, harmony, respect, and unconditional love. That feeling stayed with me every time I went to the A.R.E. conferences at Asilomar, summer or fall, as a child, teenager and an adult.

After I graduated from college in 1974 I was asked to be a counselor for the first time, and teamed up with Scott Taylor and Georgia Dow as counselors of the college group. We had a large, wonderful group that year, including twins from San Diego named Doug and John Peterson who had flown to San Francisco, and then ridden bicycles down the coast to Asilomar. When John sprained his ankle playing volleyball during the first days of the conference, the doctor for some reason put me in charge of caring for him. I soon got to know both John and Doug, and by

the end of the week we promised to stay in touch.

After Christmas that year, I met up with these two guys, Larry Miner and two other young women for an A.R.E. Wilderness Retreat (and bike ride) through Death Valley. On that trip, when Doug and I were pushing our bikes up the hill to Scotty's Castle (actually I was pushing my bike and Doug was kindly keeping me company), we fell in love. What a wonderful way to meet your life mate, on an A.R.E. trip! The following summer, Doug and I worked at A.R.E. Headquarters in Virginia Beach as youth camp counselors, participated in Project Groups, and spent some time working at A.R.E. Camp and the Big House in Rural Retreat, Virginia. We were married in California later that year, and started leading Project Groups (also called Sharing Groups) at the Asilomar conference.

We helped coordinate the Asilomar Sharing Group program for several years and then one year Hugh Lynn Cayce asked Doug to serve as Conference Coordinator. One of Hugh Lynn's many skills was that he could quickly size up his fellow human beings, and he thought Doug could handle the job. Doug coordinated the Asilomar conferences for about ten years and remembers Hugh Lynn as the most interesting person he ever met. During breaks in the conference, the two of them loved to shoot pool together in the Administration Building. Doug remembers how much he enjoyed listening to Hugh Lynn talk about Edgar Cayce, whom he referred to as "Dad". I remember loving his twinkling blue eyes, white hair, southern accent and wonderful laugh. And his stories; he was the best storyteller!

Hugh Lynn loved coming to Asilomar, and invited people from all over the world to speak there for the A.R.E. Often Hugh Lynn would come to speak as well, and Doug thought it was because he wanted to spend more time with each of those special people. Our A.R.E. speakers were outstanding, and included people like Charles Thomas and Leslie Cayce, Mark Thurston, Bill and Gladys McGarey, Harmon and June Bro, Herb Puryear and Shirley Winston. We also met intriguing people like the actress, Lindsey Wagner and unforgettable characters like the medicine man, Rolling Thunder. Doug and I both felt humbled and privileged to work with these inspiring individuals.

Coordinating the Asilomar conference was a lot of work, but we loved it and got to rub elbows with some incredible people. We worked with a great team, including Roberta Williams or Bonnie Jenks as Registrar, and Barbara and Larry Hauser who coordinated the Sharing Groups. Like all the volunteers who bring the A.R.E. conferences to life, these people were all givers and a real honor and joy to work with.

After we passed the coordinator's job on to Barbara and Larry Hauser, Doug and I served as Youth Camp counselors. Our own children, Christianna and Daniel, became members of a new generation of campers and seemed to enjoy Asilomar as much as we did.

I know that the A.R.E. Asilomar conference was, and continues to be, a soul-enriching experience for people of all ages, and provides a unique opportunity to live and grow in a spiritual community. I grew up feeling like I was a beloved and valued part of a large, joyful spiritual family, and if you have attended an A.R.E. conference at Asilomar you will understand what I mean. If you have not, I hope you will have the opportunity to make your way to Pacific Grove and a truly magical experience with kindred spirits at an A.R.E. conference at the beautiful Asilomar State Conference Grounds. Your spiritual family is waiting for you!

THE MAGIC OF ASILOMAR

by Barbara and Larry Hauser, Rancho Santa Fe, CA

A transcendent event can happen in each of our lives. An event, an experience, an opportunity that is life-changing, exhilarating, mystical. An event that connects one more deeply to the Creative Forces of the Universe.

Such an experience came to us in 1977, when our interest in dreams and dreaming led us for the first time to the profound ideas of Edgar Cayce and the Association for Research and Enlightenment, and then quickly to our first A.R.E. Asilomar conference, which tempted us with the theme *Understanding Your Life Through Dreams*. We went there to experience the intellectual perspective of people who had worked with dreams. We went away

with a startling perspective of what it might mean to try to live more richly in a world of spirit and love. The speakers that year included John Sanford, Everett Irion, and Mark Thurston. These three opened our eyes to a new appreciation of how spirit is alive in our world, and to a new way of seeing our own personal potential.

One of the most striking memories of that first Asilomar experience was being in a Project Group led by Dorothy Kilker. With her deep spirituality and kind eyes, she shared with us that she saw something within us that was waiting to be unlocked. She gave Barb permission to express her nature with more colorful clothing. She gave Larry the nonintellectual experience of receiving an actual ball of energy, holding on to it as it vibrated and pulsed, and then passing it on! This introduction, by the way, gave us an abiding deep connection to and respect for the Project Group program, which we felt provided an unparalleled group experience of sharing and bonding. In our minds, the Project Groups were among the most powerful of the A.R.E. Asilomar spiritual experiences.

We were hooked, and immediately became regulars at both the June and November Asilomar conferences. We grew to appreciate how these conferences were an opportunity to understand one's potential for personal growth and service. We realized they provided an environment especially suited for sharing, making new friends, receiving inspiration. Our lives were changed in innumerable positive ways: such is the nature of the A.R.E. Asilomar conferences.

As the years rolled by, we heard about the energy vortex that inhabits the Asilomar grounds, we watched the deer graze, we walked barefoot in the sand, we watched the waves crash onto the shore. We learned to meditate, we heard words of encouragement, wisdom and inspiration from untold speakers and attendees. We discovered that absolutely everyone is God-in-hiding.

Our lives were further changed by the trust of staff members who gave us the opportunity to participate in the A.R.E. conference leadership. We were deeply honored, and marveled at

how rewarding and fun "hard work" could really be! How could we ever forget Grethe Tedrick, Karla and Doug Peterson, John Peterson, Scott Taylor, and Roberta and Jack Williams, showering us with their love and support? And Audrey Horner, that shy and beautiful soul, giving the conference the gift of her magnificent banners, which for us became a renewable symbol of the joy which lighted our own spiritual path.

Those of us who had young children benefited further.

And I'm speaking from a deeper perspective than the daily almond rations by the flagpole! The A.R.E. Asilomar summer conferences provided a nurturing, safe environment for young people to experience exciting and innovative ways that the spirit can work in the earth plane. They gained a powerful knowledge which they can forever carry within themselves, namely that here are many paths along the search for spirituality, and exploring these is not incompatible with ones' practice of

more structured and traditional religion.

In our belief the most admirable tenet of the A.R.E is the principle that all spiritual points of view deserve a forum. As Mr. Cayce stated, "we learn by comparison". The Asilomar conferences bear witness to this selfless and very profound commitment. Where else could one experience the world views of a Lakota Indian shaman (Wallace Black Elk), a kundalini yoga master (Swami Sivananda Radha), a master of the Gurdjieff/Ouspensky work (Jacob Needleman), a devoted disciple of the work of the Sufi master Meher Baba (Pascal Kaplan), souls who had the privilege of working with Edgar Cayce himself (Shirley Winston, Harmon and June Bro), a person deeply involved in the creation of A Course in Miracles (Judith Skutch), and of course personal firsthand contact with the heirs of the Edgar Cayce legacy, Mr. Cayce's son Hugh Lynn and his grandson Charles Thomas.

Wallace Black Elk provided what was certainly our most memorable challenge in service at Asilomar. Five minutes before he was to speak, in the presence of his fierce warriors who formed his honor guard, we asked him if he needed anything. His answer to us was specific: he couldn't speak unless we provided him with an authentic Native American blanket to cover the podium and a glass of freshly-squeezed lemon juice. Larry took off running for the van, where fortuitously (or by Divine Providence) we had a Pendleton woolen blanket woven with the Chief Joseph design. Barb ran to the dining hall for the lemon juice and pleaded for their support. No problem!

What a privilege it has been to be a part of A.R.E.'s 50 years at Asilomar. It is with a sincere sense of gratefulness that we now reminisce about our magical years as participants.

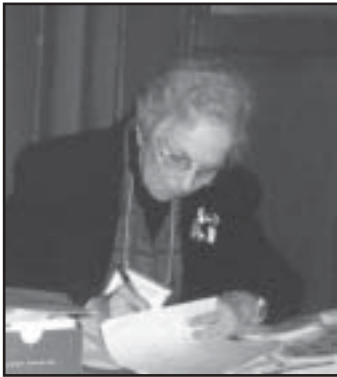
Let us close with a final thought: are the Asilomar conference Grounds really an energy vortex? The incontrovertible answer is: yes, absolutely, whenever an A.R.E. conference is hosted there.



**Larry and Barbara Hauser
Karla and Doug Peterson**

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BONNIE SUDDARTH

by Pat Lange, Davis, CA

A native of California, longtime Asilomar Registrar Bonnie Suddarth was born to farming parents in the Sierra foothills, and had moved to the Santa Rosa area by the time she was fifteen. She has spent the rest of her life in and around the North Bay Area.

Bonnie first became aware of Edgar Cayce through stories about him in magazines and the press in the 1940s. She became a member of the ARE in the 1970s and began attending Asilomar conferences soon after that.

When Jack and Roberta Williams retired as Registrars for the Asilomar conferences, Bonnie's background as Payroll Manager for the County of Sonoma, where she processed payroll and benefits for six thousand employees, made her an obvious choice for their successor. She has faithfully executed her responsibilities in this role since 1982 before our Region was formed.

"My three adult children, John Anderson, Arlene Anderson, and Nancy (Anderson) Malon have assisted me at most Asilomar programs that I have worked at. Sometimes, only one of them....sometimes all three have been there," Bonnie said, adding, "These became memorable family events for us."

Bonnie admits that her passion is "books and learning. It is difficult for me to find a book about Cayce or ARE which I haven't read. When I purchase a new book, I always buy two or more, knowing that I will share it with others, and I want to make sure one copy stays in my library."

Bonnie's patience and willingness to go to extraordinary lengths to make the Asilomar experience peaceful and rewarding for registrants will be sorely missed!

A huge heartfelt "Thank You!" to you Bonnie from your ARE Family.